Migrant Justice farmworker leaders designed and carried out a survey between 2018 and 2019 with over 100 dairy farmworkers across Vermont to collect detailed information about the working and living conditions faced by workers outside the Milk with Dignity Program. The survey was designed in collaboration with a researcher in the Tufts Friedman School of Nutrition, Science, and Policy and the Tufts School of Public Health; results were then analyzed by the Columbia Law School Human Rights Clinic.

The surveys posed a series of questions to workers about their working and living conditions, including their exposure to various health and safety risks, training and safety precautions, access to medical services, the adequacy of housing, their relationship with their employer, equal treatment on the farms, and mental health concerns. The results of this survey show high rates of workplace injuries and illnesses and a severe lack of safety equipment and training.

**HOURS, REST, LIVING CONDITIONS**

Many workers reported inadequate rest and living conditions.

<table>
<thead>
<tr>
<th>Schedules</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>No time for 8hrs sleep</td>
<td>23%</td>
</tr>
<tr>
<td>No breaks during shift</td>
<td>24%</td>
</tr>
<tr>
<td>No day off / week</td>
<td>30%</td>
</tr>
<tr>
<td>Working + 12hrs</td>
<td>38%</td>
</tr>
<tr>
<td>Working + 8hrs</td>
<td>94%</td>
</tr>
</tbody>
</table>

**Housing**

- 20% of workers reported living in or near the barn.
- 7% of workers reported lack of heating in their housing.
- 23% reported running out of food at some time.

**ACCESS TO SAFETY EQUIPMENT AND HEALTHCARE**

Only 51% of workers reported being able to talk to their boss about health and safety concerns, and only 63% of workers reported having access to a doctor/medical services. Significantly, only 16% of workers reported being covered by insurance.

Workers also reported a significant lack of safety equipment for all categories of risks:

**Access to safety equipment**

- Protective masks: 44%
- Safety glasses: 29%
- First Aid: 34%
CHEMICAL AND BIOLOGICAL RISKS

83% of workers reported experiencing harm from a chemical or biological risk while working on the farm. The most prevalent health conditions workers reported that are associated with exposure to chemicals commonly used on dairy farms are itchy eyes (49%), cough (47%), and headaches (50%). Workers also reported skin rashes (36%), difficulty breathing (27%), and vision problems (22%).

![Percentage of workers harmed by exposure to:](image)

Only 25% of workers reported having received training in relation to chemical risks. Only 8% of workers reported having received training in relation to biological risks.

RISKS WITH ANIMALS

78% of workers reported being hurt or affected by an animal-related risk.

There is a general lack of training in relation to animal risks, with only 50% of workers reporting receiving such training.

![Percentage of workers harmed by:](image)

ENVIRONMENTAL RISKS

85% of workers report harm to themselves or a colleague arising from environmental risk.

There is a significant lack of training in relation to environmental risks, with only 12% of workers reporting receiving such training.